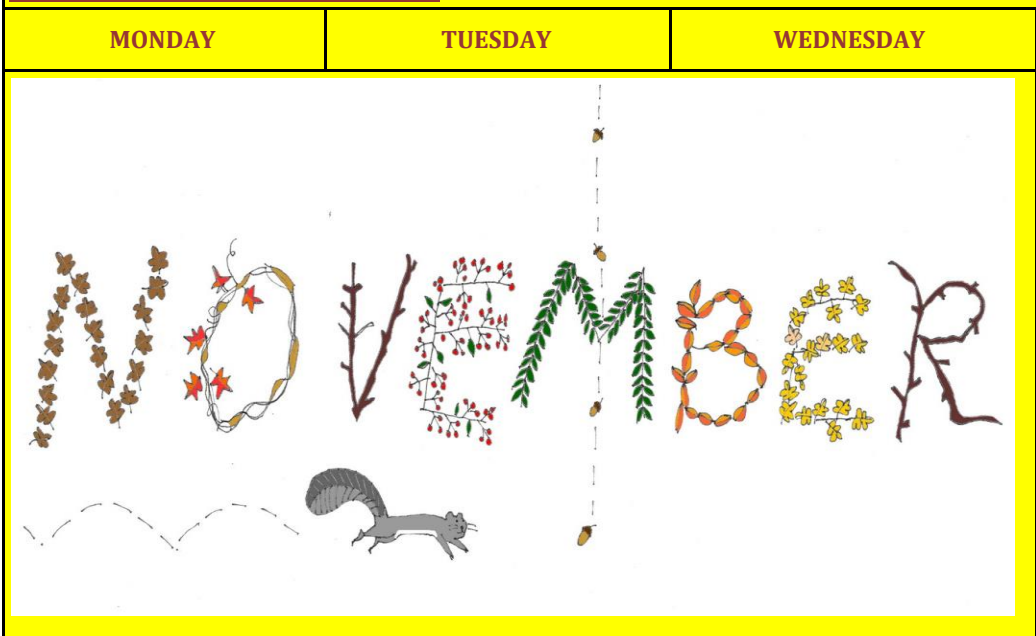



# MAIN HOUSE ACTIVITY ROTA



<p><b>5th</b></p> <p><b>Morning</b> - Reminiscence Newspaper discussions with staff (Blue Lounge) <b>10.45am</b>-Quiz with Val Green Tea Corner</p> <p><b>Afternoon</b> - Person Centred Care with Staff (Rooms) <b>2.45-3.45pm</b> Media Group with Val (Lower Lounge)     <b>3pm</b>- Christmas Arts with Debbie in the Activity Room</p>	<p><b>6th</b></p> <p><b>Morning</b> - Hairdresser (Lindy) <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge )</p> <p><b>3pm</b> - Manicure / Hand Massage with Staff (Green and Red Floors)     <b>2pm</b> - <b>Geoff's Art Club in the Activity Room</b> <b>Afternoon</b> - <b>Pet Therapy with Tilly and Teddy</b> <b>2.45pm</b>-Poetry Group with Val in the Activity Room</p>	<p><b>7th</b></p> <p style="text-align: center;"><b>10am Coffee Morning</b></p> <div style="text-align: center;">  </div> <p><b>1.45pm</b> -Arts and Crafts with Liz in the Activity Room <b>3-4pm</b> PCC in rooms with Liz <b>Afternoon</b>- Person Centred Care with Care staff in rooms <b>Afternoon</b> - Hairdresser (Lindy)</p>
<p><b>12th</b></p> <p><b>Morning</b> - Reminiscence Newspaper discussions with staff (Blue Lounge) <b>10.45am</b> Quiz with Val in the Green Tea Corner</p> <p><b>2pm</b> - Residents Meeting in the Lower Lounge (Everyone welcome) <b>3-3.45pm</b> Media Group with Val (Lower Lounge)     <b>3pm</b>- <b>Christmas Arts with Debbie in the Activity Room</b></p>	<p><b>13th</b></p> <p><b>Morning</b> - Hairdresser (Lindy) <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge )</p> <p><b>1.30pm</b> - Therapeutic Care with Lisa (in rooms) <b>3pm</b> Manicure / Hand Massage with Staff (Green and Red Floor) <b>Afternoon</b> - <b>Pet Therapy with Tilly and Teddy</b>     <b>3.15-4.15pm</b>-Keith Music for Health in the Blue Lounge (Val to oversee) <b>2pm</b> - <b>Geoff's Art Club in the Activity Room</b></p>	<p><b>14th</b></p> <p><b>10.15am</b> Morning Walk with Lisa (weather permitting) <b>11.15am</b> - <b>Louise playing the Accordion and sing along in the Blue Lounge</b></p> <p><b>1.45pm</b> -Singalong with Liz in the Activity Room <b>Afternoon</b>-Person Centred Care with Care staff in rooms <b>2.30-4.30pm</b> <b>Mosaics with Emma in the Activity Room</b></p> <div style="text-align: center;">  </div>
<p><b>19th</b></p> <p><b>10.45am</b> Quiz with Val (Green Floor Tea Corner) <b>Morning</b> - Reminiscence Newspaper discussions with staff (Blue Lounge)</p>	<p><b>20th</b></p> <p><b>Morning</b> - Hairdresser (Lindy) <b>11am</b> - Gentle Exercises with Staff (Blue Lounge) <b>3pm</b> - Manicure with Staff Red &amp; Green Floors</p> <div style="text-align: right;">  </div>	<p><b>21st</b></p> <p><b>AM</b> Daily Sparkles Newspapers <b>10.15am</b> - Morning Walk with Lisa (weather permitting) <b>11.15am</b> Quiz with Lisa (Blue Lounge)</p>

<p><b>2.45pm</b> Media Group with Val (Lower Lounge)</p>	<p><b>Afternoon - Pet Therapy with Tilly and Teddy</b> <b>1.30pm-</b> Therapeutic Care with Lisa (in rooms) <b>2pm - Geoff's Art Club in the Activity Room</b>    <b>2.45pm -</b> Baking with Val in the Activity Room</p>	<p><b>2pm-</b> Singalong with Liz in the Blue Lounge <b>Afternoon-</b> Person Centred care with Staff <b>3.30pm-Cheese &amp; Wine in all group areas</b>    <b>Afternoon - Hairdresser (Lindy)</b> <b>3pm -</b> Christmas Arts with Debbie in the Activity Room</p>
<p><b>26th</b> <b>Morning-</b> Newspaper Discussions with staff <b>10.45am</b> Quiz with Val (Green Floor Tea Corner)</p> <p><b>Afternoon-</b>Person Centred Care with Staff    <b>2.45pm</b> Media Group with Val (Lower Lounge)    <b>3pm -</b> <b>Christmas Arts with Debbie in the Activity Room</b></p>	<p><b>27th</b> <b>Morning -</b> Hairdresser (Lindy) <b>11am -</b> Gentle Exercises with Staff (Blue Lounge)</p> <p><b>3pm -</b> Manicure with Staff Red &amp; Green Floors <b>1.30pm</b> Therapeutic Care with Lisa (in rooms) </p> <p><b>Afternoon - Pet Therapy with Tilly and Teddy</b> <b>2pm - Geoff's Art Club in the Activity Room</b>    <b>2.45pm-</b> Baking with Val in the Activity Room</p>	<p><b>28th</b> <b>AM</b> Daily Sparkles Newspapers <b>10.15am -</b> Morning Walk with Lisa (weather permitting) <b>11.15am</b> Quiz with Lisa (Blue Lounge) <b>1.45-3.15pm-Arts &amp; Crafts</b> <b>2pm-</b> Singalong with Liz in the Blue Lounge <b>Afternoon-</b> Person Centred care with Liz <b>3.30pm-Cheese &amp; Wine in all group areas</b></p>

# NOVEMBER 2018

THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>1st</b></p> <p><b>Morning</b> Hairdresser (Jackie) <b>Tuck Shop</b> (Red Floor) <b>10.30 Ivora (pianist) Lower Lounge - Lisa to oversee</b></p> <p><b>3pm</b> - Social Interaction with Lisa (Blue Lounge) <b>Afternoon - Pet Therapy with Tilly and Teddy</b></p> <p><b>2.45pm</b> - Complimentary Therapy with Val (in rooms) <b>3pm</b> - Hand &amp; Nail Massage Manicure with staff Blue Lounge <b>1.45pm</b> - Minibus Outing</p>	<p><b>2nd</b></p> <p><b>10.30am-Robert playing the Piano in the SUITE</b> <b>9.45</b> - Ukellele Lesson with Liz <b>10am Holy Communion (FRONT DINING ROOM)</b> <b>10.45am - 12am</b> Chess Club (Activity room)with Liz <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Lounge) <b>Afternoon Wilf -Therapy Dog</b></p> <p><b>1.30pm</b> - Complimentary Therapy with Val (in rooms) <b>3pm</b> - Bingo (Bk D.Room) &amp; Fruity Friday Platter Group Areas) <b>5.45pm</b> - Film Evening (Lower Lounge) <b>Afternoon Wilf -Therapy Dog</b></p>	<p><b>3rd Merry's Saturday</b></p> <p><b>Morning</b> - Sherry served in the Lounges <b>1.30pm</b> - Person Centerd Care with Merry <b>3pm</b> - <b>Halloween Party Games in the Blue Lounge with Care Staff and Merry</b></p> <p style="text-align: center;"></p> <p><b>5pm Special Halloween Tea in Dining Rooms</b> <b>6pm-Firework Display in the front Gardens taken with Nigel</b></p> <p style="text-align: center;"></p>	<p><b>4th</b></p> <p><b>Morning</b> -Word Games with Staff (Blue Lounge) <b>2pm</b> - <b>4pm</b> Social Get Together, Tea &amp; Biscuits (Conservatory) <b>Afternoon</b> - Board Games with staff (Activity Room)</p> <p style="text-align: center;"></p> <p><b>5.45pm</b> - Church Service in the Lower Lounge (Info in lift)</p> <p style="text-align: center;"></p>
<p><b>8th</b></p> <p><b>Morning</b> Hairdresser (Jackie) <b>Tuck Shop</b> (Red Floor) <b>10.30 Ivora (pianist) Lower Lounge - Lisa to oversee</b></p> <p><b>3pm</b> - Social Interaction with Lisa (Blue Lounge)</p> <p><b>2.45pm</b> - Complimentary Therapy with Val <b>3pm</b> - Hand &amp; Nail Massage Manicure with staff Blue Lounge <b>1.45pm</b> - Minibus Outing <b>Afternoon - Pet Therapy with Tilly and Teddy</b></p>	<p><b>9th</b></p> <p><b>10.30am-Robert playing the Piano in the SUITE</b> <b>9.45</b> - Ukellele Lesson with Liz <b>10.45am - 12am</b> Chess Club (Activity room)with Liz <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Lounge) <b>Afternoon Wilf -Therapy Dog</b></p> <p><b>1.30pm</b> - Complimentary Therapy with Val (in rooms) <b>2pm - Joans Quiz (Bk D. Room)</b> <b>3pm</b> - Bingo (Bk D.Room) &amp; Fruity Friday Platter (All Group Areas) <b>5.45pm</b> - Film Evening (Lower Lounge) <b>Afternoon Wilf -Therapy Dog</b></p> <p style="text-align: center;"></p>	<p><b>10th Liz's Weekend</b></p> <p><b>Morning</b> - Sherry served in the Lounges <b>10.30am - Chair Zumba with Sharon (Blue Lounge) Liz to over see residents involvement</b></p> <p><b>Afternoon</b> - Person Centerd Care with Care Staff</p>	<p><b>11th</b></p> <p><b>Morning</b> - Quiz &amp; Word Games with Staff (Blue Lounge)</p> <p style="text-align: center;"></p> <p><b>2.45pm</b> - Art and Crafts with Liz in the Activity Room <b>5.45pm</b> - Church Service in the Lower Lounge (Info in lift)</p> <p style="text-align: center;"></p>
<p><b>15th</b></p> <p><b>Morning</b> - Hairdresser (Jackie) <b>Tuck Shop</b> (Red Floor) <b>10.30am - Robert (pianist) Lower Lounge (Lisa to oversee)</b></p> <p><b>3pm</b>- Social interaction Group in the Blue Lounge with Lisa <b>3pm</b> - Manicure with Staff (Blue Lounge) <b>1.45pm</b> - Minibus Outing <b>2.45pm</b> - Complimentary Therapy with Val (in rooms)  <b>Afternoon - Pet Therapy with Tilly and Teddy</b></p>	<p><b>16th</b></p> <p><b>10.30am Robert plaing in the Suite</b> <b>10am Holy Communion (FRONT DINING ROOM)</b> <b>9.45</b> - Ukelele Lesson with Liz <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge) <b>1pm - Residents leaving for the outing to see a show in Winchelsea (Liz will oversee)</b> <b>1.30pm</b> - Complimentary Therapy with Val (in rooms) <b>3pm</b> - Bingo <b>Fruity Friday Platter</b> (In all Group Areas) <b>5.45pm</b> - Film Evening (Lower Lounge) <b>Afternoon Wilf -Therapy Dog</b></p>	<p><b>17th Merry's Weekend</b></p> <p><b>Morning</b> - Sherry served in the Lounges <b>1.30pm</b> - Person Centerd Care with Merry <b>2.30pm</b>- Sewing Group in the Blue Lounge with Merry</p> <p><b>3pm</b> - Social Group with Staff in the Conservatory</p> <p style="text-align: center;"></p>	<p><b>18th</b></p> <p><b>Morning</b> - Quiz &amp; Word Games with Staff (Blue Lounge)</p> <p style="text-align: center;"></p> <p><b>5.30pm</b> - Church Service in the Lower Lounge (Info in Lift)</p> <p style="text-align: center;"></p>
<p><b>22nd</b></p> <p><b>Morning</b> - Hairdresser (Jackie) &amp; Tuck Shop (Red Floor) <b>10.30 Ivora (pianist) Lower Lounge (Lisa to oversee)</b> </p>	<p><b>23rd</b></p> <p><b>9.45</b> - Ukulele Lesson with Liz <b>10.30am-Robert playing the Piano in the SUITE</b> <b>10.45</b>- Board games with Liz in the Activity Room <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p>	<p><b>24th Liz's Weekend</b></p> <p><b>Morning</b> - Sherry served in the Lounges <b>10.30am - Chair Zumba with Sharon (Blue Lounge) Liz to over see residents involvement</b></p>	<p><b>25th</b></p> <p><b>Morning</b> - Word Games/Quiz with staff (Blue Lounge)</p> <p style="text-align: center;"></p>

<p><b>Afternoon - Pet Therapy with Tilly and Teddy</b>  <b>2.45pm</b> - Complimentary Therapy with Val (in rooms)  <b>3pm</b> - Manicure with Staff (Blue Lounge)  <b>1.45pm</b> - Minibus Outing  <b>3pm</b>- Social interaction Group in the Blue Lounge with Lisa</p>	<p><b>1.45pm</b>- Complimentary Therapy with Val (in rooms)  <b>Afternoon Wilf Therapy Dog</b>  <b>3pm - Bingo</b>   Dining Room)  <b>3pm</b> - Fruity Friday Platter  <b>(In all Group Areas)</b>  <b>5.45pm</b> - Film Evening (Lower Lounge)</p>	<p><b>2.30pm - Sharon and Richard Singing and Keyboard Entertainment in the Blue Lounge</b> (Liz to oversee and gather residents)  <b>Afternoon</b> - Person Centerd Care with Care Staff</p>	<p><b>2.45pm</b> - Arts and Crafts with Liz  <b>5.30pm</b> - Church Service in the Lower Lounge (Info in Lift)</p> 
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<p><b>29th</b>  <b>Morning - Hairdresser (Jackie) &amp; Tuck Shop (Red Floor)</b>  <b>10.30am Ivora (pianist) Lower Lounge (Lisa to oversee)</b>    <b>Afternoon - Pet Therapy with Tilly and Teddy</b>  <b>2.45pm</b> - Complimentary Therapy with Val (in rooms)  <b>3pm</b> - Manicure with Staff (Blue Lounge)  <b>1.45pm</b> - Minibus Outing  <b>3pm</b>- Social interaction Group in the Blue Lounge with Lisa</p>	<p><b>30th</b>  <b>10am Holy Communion (FRONT DINING ROOM)</b> <b>10.30am- Robertplaying the Piano in the SUITE</b> <b>10.15-11.30</b> Music &amp; Movement children and residents with Liz &amp; Val <b>(see posters)</b>    <b>3pm</b> - Bingo  <b>2pm</b> - Joans Quiz (Back dining room)  Fruity Friday Platter (In all Group Areas)  <b>5.45pm</b> - Film Evening (Lower Lounge)  <b>1.30pm</b> - Complimentary Therapy with Val <b>Afternoon Wilf - Therapy Dog</b></p>
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