



				FRIDAY	SATURDAY	SUNDAY
				<b>1st</b> 9.45am-Poetry/Visual Activity with Val <b>10.30 - Robert playing the Piano (Lounge)</b>  1.45pm to 3.15pm Arts & Crafts with Liz <b>Afternoon - Fruity Friday Platter</b>	<b>2nd Liz'z Weekend</b> <b>Morning</b> - Sherry served in the lounge <b>10.15am</b> - One to one walk wityh with Liz <b>11am - Chair Zumba with Sharon over seen by Liz</b> <b>2pm</b> -Scrabble Club with Liz in the Activity Room <b>Afternoon</b> -One to one social interaction with staff (Lounge and rooms)	<b>3rd</b> <b>Morning</b> - Film in the lounge with Nibbles  <b>1.30pm</b> -Musical Activity with movement with Liz <b>Afternoon</b> - Sunday Newspaper discussion with Tea & Cakes
<b>4th</b> 9.45am - Group Sensory with Val  1.30pm Complimentary Therapy with Val 3pm - Gentle Exercises to Move or Lose it DVD with Staff	<b>5th</b> <b>Morning</b> <b>Lindy Hairdresser</b> <b>10.15am</b> - Creative Activity with Lisa in the Lounge <b>1.30-2pm</b> Reminiscence/Old Time Songs with Val <b>2.30- Life Drawing with Judy and Team in the Lounge</b> <b>Afternoon - Pet Therapy with Tilly and Teddy. Walk with staff weather permitting</b>	<b>6th</b> <b>10am Monthly Coffee Morning 10am</b> <b>11.30am</b> Sing-a-long with movement and Person Centred Care with Liz <b>1.45pm - Mini bus outing with Pauline</b> <b>2pm</b> - Person centred care with Lisa <b>Afternoon</b> -Manicure and hand massage with staff	<b>7th</b> <b>Morning - Hairdresser (Jackie Green Floor)</b> <b>Tuck Shop</b> (red floor) <b>9.30am</b> - Morning Newspaper discussions with Lisa <b>Afternoon</b> - Manicure and hand massage with Staff <b>3pm</b> -Afternoon Knit & Natter with staff	<b>8th</b> 9.45am-Poetry/Visual Activity with Val <b>10am Holy Communion (Main House)</b> <b>10.30 - Robert playing the Piano (Lounge)</b> <b>1.45pm to 3.15pm</b> Arts & Crafts with Liz <b>(Little Betsy painting from 2pm with residents and Liz)</b> <b>3pm</b> - Gentle Exercises to DVD with staff Fruity Friday Platter	<b>9th Merry's Weekend</b> <b>Morning</b> - Sherry served in the lounge  <b>10.30am</b> - New Sparkle Newspaper Arts with Merry  <b>PM</b> - Newspaper discussions with staff	<b>10th</b> <b>Morning</b> - Sunday Newspaper discussion with Tea & Biscuits  <b>3-4pm</b> -Fun and Games with Merry in the Lounge  <b>Afternoon</b> - One to One Activity with care staff
<b>11th</b> 9.45am - Group Sensory with Val 1.30pm Complimentary Therapy with Val 3pm - Gentle Exercises to Move or Lose it DVD with Staff	<b>12th</b> <b>Morning</b> Lindy Hairdresser (Green floor) <b>10.15am</b> - Creative Activity with Lisa in the Lounge <b>1.30pm - 1.30pm</b> Old Time Songs/Reminiscence with Val <b>Afternoon - Pet Therapy with Tilly and Teddy. Walk with staff weather permitting</b>	<b>13th</b> <b>10am-Flower arranging with Liz and Bunny 11.15am- Louise playing the Accordion in the Lounge</b> <b>1.45pm - Mini bus outing with Pauline</b> <b>2.15pm - Tim singing and playing the Guitar, Lisa oversee</b> <b>Afternoon</b> - Manicure and hand massage with	<b>14th - Valentines Day</b> <b>Morning - Hairdresser (Jackie Green Floor)</b> <b>Tuck Shop</b> (Red floor) <b>9.30am</b> - Morning Newspaper discussions with Lisa <b>1.30pm</b> -Person Centred care with Val <b>3pm-Valentine Tea Dance with staff and Buffet Tea</b>	<b>15th</b> 9.45am-Poetry & Visual Activity with Val  <b>10.30 - Robert playing the Piano (Lounge)</b> <b>Afternoon - Fruity Friday Platter</b>  <b>1.45pm</b> -Arts and Crafts with Liz	<b>16th Liz'z Weekend</b> <b>Morning</b> - Sherry served in the lounge <b>10.30am</b> - Fun games and one to one walk (weather permitting) with Liz <b>11am - Chair Zumba with Sharon</b> <b>Afternoon</b> -One to one social interaction with staff (Lounge and rooms)	<b>17th</b> <b>9.30am</b> - Film morning Staff to oversee  <b>1.30pm</b> -Musical Activity with Liz <b>3pm</b>  Bingo with staff <b>Afternoon</b> - Person centred care with staff

<p><b>18th</b></p> <p><b>9.45am</b> - Group Sensory with Val</p> <p><b>1.30pm</b> Complimentary Therapy with Val</p>  <p><b>3pm</b> - Gentle Exercises to Move or Lose it DVD with Staff</p>	<p><b>19th</b></p> <p><b>Morning</b> <b>Lindy Hairdresser (Green floor)</b></p> <p><b>10.15am</b>- Creative Activity with Lisa in the Lounge</p> <p><b>1.30pm</b> Old Time Songs/Reminiscence with Val</p> <p><b>2.30-Life Drawing with Judy and Team in the Lounge</b></p> <p><b>Afternoon</b> - Manicure and hand massage with Staff <b>Afternoon - Pet Therapy with Tilly and Teddy. Walk with staff weather permitting</b></p> 	<p><b>20th Liz A/L</b></p> <p><b>Morning</b>-Musical Film on TV staff to oversee</p>  <p><b>1.45pm - Mini bus outing with Pauline</b></p> <p><b>3.15pm</b> - TV quiz with care staff</p> <p><b>3.15pm</b> - Cheese and Wine and Games with care staff</p>	<p><b>21st</b></p> <p><b>Dorothy's Birthday</b></p> <p><b>Morning - Hairdresser (Jackie Green Floor)</b> Tuck Shop(Red floor)</p>  <p><b>9.30am</b> - Morning Newspaper discussions with Lisa</p>  <p><b>Afternoon</b> - Manicure and hand massage with Staff</p>	<p><b>22nd Liz's A/L</b></p> <p><b>9.45am</b>-Poetry &amp; Visual Activity with Val <b>10am Holy Communion (Main House Dining Room)</b></p> <p><b>10.30 - Robert playing the Piano (Lounge)</b></p>  <p><b>Afternoon</b>- Knit &amp; Natter with staff (Lounge/own rooms) <b>Fruity Friday Platter</b></p> 	<p><b>23rd Merry's Weekend</b></p> <p><b>Morning</b> - Sherry served in the Lounge <b>10.30am</b> - Sparkle Arts with Merry</p> <p><b>Afternoon</b>-One to one social interaction with staff (Lounge and rooms)</p> <p><b>3.30pm</b> - TV Quiz with staff</p> 	<p><b>24th</b></p> <p><b>Morning</b> - Film in the lounge with nibbles</p>  <p><b>3-4pm</b>-Fun and Games with Merry in the Lounge</p>  <p><b>Afternoon</b> - Discussion with Sunday Newspapers and Cake</p> 
<p><b>25th Val A/L</b></p> <p><b>Morning</b>-One to one social interaction with staff</p> <p><b>3pm</b> - Gentle Exercises to Move or Lose it DVD with Staff</p> 	<p><b>26th Val A/L</b></p> <p><b>Suzanna's Birthday</b></p> <p><b>Morning</b> <b>Lindy Hairdresser (Green floor)</b></p> <p><b>10.15am</b>- Creative</p> <p><b>Afternoon</b> - Manicure and hand massage with Staff</p> <p><b>Afternoon - Pet Therapy with Tilly and Teddy. Walk with staff weather permitting</b></p> <p><b>2-3pm-Keith Music for Health in the Lounge (Lisa to oversee)</b></p>	<p><b>27th</b></p> <p><b>10am - 11.30am</b> Sing-a-long with movement and Person Centred Care with Liz</p> <p><b>2pm</b> - Person centred care with Lisa</p> <p><b>1.45pm - Mini bus outing with Pauline (Sea front outing with Chips in paper)</b></p>	<p><b>28th Val A/L</b></p> <p><b>Morning - Hairdresser (Jackie Green Floor)</b> Tuck Shop(Red floor)</p> <p><b>9.30am</b> - Morning Newspaper discussions</p> <p><b>Afternoon</b> - Manicure and hand massage with Staff</p> <p><b>Afternoon</b>- Knit &amp; Natter with staff (Lounge/own rooms)</p>			