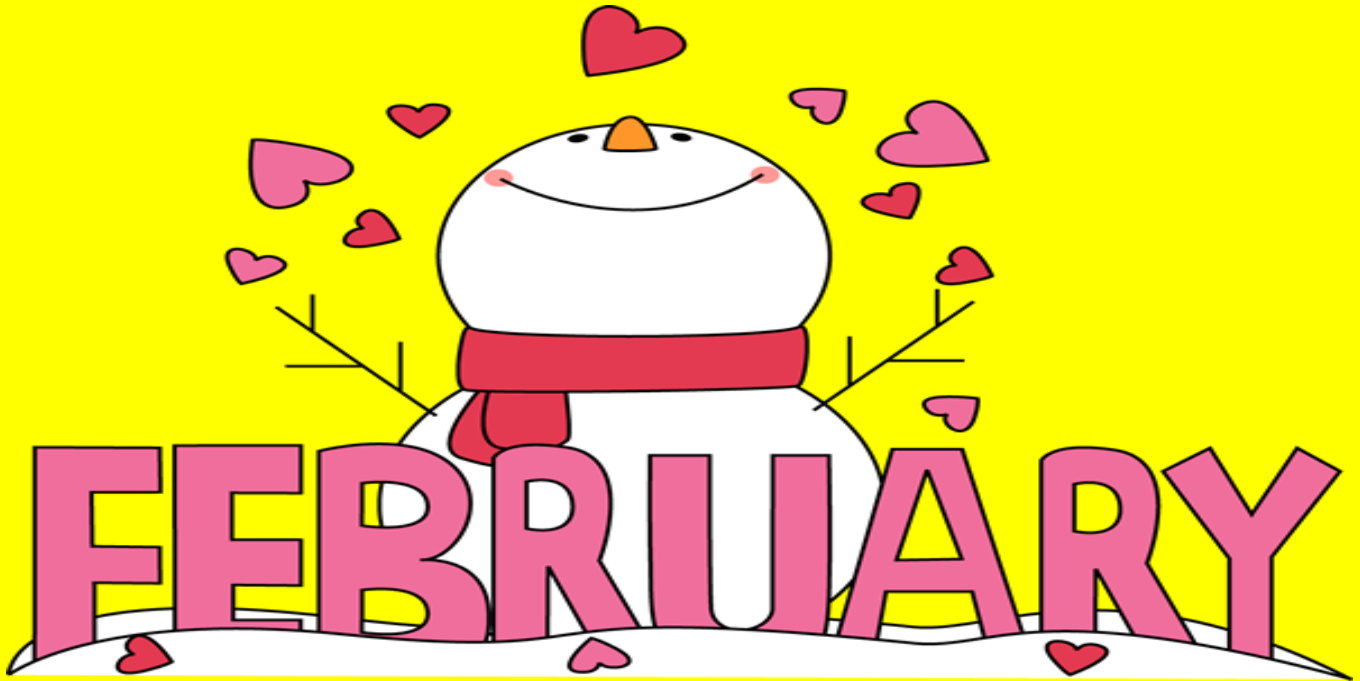


MAIN HOUSE ACTIVITY ROTA



4th	5th	6th	7th
<p>Morning - Reminiscence Newspaper discussions with staff (Blue Lounge) 10.45am-Quiz with Val Green Tea Corner</p>  <p>Afternoon - Person Centred Care with Staff (Rooms) 2.45pm- Media Group with Val (Lower Lounge)</p> 	<p>Morning - Hairdresser (Lindy) 11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p>  <p>3pm - Manicure / Hand Massage with Staff (Green and Red Floors) Afternoon - Pet Therapy with Tilly and Teddy 2pm-Baking with Val in the Activity Room 3pm- Poetry in the Lower Lounge with Val 2-4pm- Geoff's Art Club Activity Room</p>	<p>10am-Coffee Morning Afternoon- Person Centred Care with Care staff in rooms 1.45pm -Arts & Crafts with Liz in the Activity Room, followed by One to one activity with Liz in rooms</p> <p>Afternoon- Person Centred Care with Care staff in rooms Afternoon - Hairdresser (Lindy) Afternoon - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)</p>	<p>Morning Hairdresser (Jackie) Tuck Shop (Red Floor) 10.30 Robert (pianist) Lower Lounge - Lisa to oversee 2.45pm - Social Interaction with Lisa (Blue Lounge) 3pm - Hand & Nail Massage Manicure with staff Blue Lounge 1.45pm - Minibus Outing (Val attending)</p>
<p>11th Morning - Reminiscence Newspaper discussions with staff (Blue Lounge)</p>  <p>10.45am Quiz with Val (Green Floor Tea Corner) Afternoon - Person Centred Care with Staff (Rooms) 2.45pm- Media Group with Val (Lower Lounge)</p> 	<p>12th Morning - Hairdresser (Lindy) 11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p>  <p>1.30pm - Therapeutic Care with Lisa (in rooms) 3pm Manicure / Hand Massage with Staff (Green and Red Floor) 2-4pm-Geoff's Art Club Activity Room Afternoon - Pet Therapy with Tilly and Teddy 2pm- PCC with Val in Rooms 3pm- Poetry in the Lower Lounge with Val</p>	<p>13th 10.15am Morning Walk with Lisa (weather permitting) 10.30am - Louise playing the Accordion and sing along in the Blue Lounge 1.45pm - Valentine Arts and Crafts with Liz in the Activity Room Afternoon- Person Centred Care with Care staff in rooms 2.15pm-Tim playing the Guitar in the SUITE 2.30-4.30pm Mosaiacs with Emma in the Activity Room Afternoon - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)</p>	<p>14th HAPPY VALENTINES Morning - Hairdresser (Jackie) Tuck Shop (Red Floor) 10.30am - Ivora (pianist) Lower Lounge (Lisa to oversee)</p> <p>2.45pm - Complimentary Therapy with Val (in rooms) 2.45pm- Social interaction Group in the Blue Lounge with Lisa 3pm - Manicure with Staff (Blue Lounge) 1.45pm - Minibus Outing</p>

<p>18th</p> <p>10.45am - 12pm Quiz with Val (Green Floor Tea Corner) Morning - Reminiscence Newspaper discussions with staff (Blue Lounge)</p>  <p>2.45pm-3.45pm Media Group with Val (Lower Lounge)</p> 	<p>19th</p> <p>Morning - Hairdresser (Lindy) 11am - Gentle Exercises with Staff (Blue Lounge) 3pm - Manicure with Staff Red & Green Floors</p>  <p>Afternoon - Pet Therapy with Tilly and Teddy 2-4pm-Geoff's Art Club Activity Room 1.30pm- Therapeutic Care with Lisa (in rooms) 2pm- Baking with Val in the Activity Room 3pm- Poetry in the Lower Lounge with Val</p>	<p>20th Liz A/L</p> <p>AM Daily Sparkles Newspapers 10.15am - Morning Walk with Lisa (weather permitting) 11.15am Quiz with Lisa (Blue Lounge)</p> <p>Afternoon- Person Centred care with Staff 3.30pm-Cheese & Wine in all group areas Afternoon - Hairdresser (Lindy) Afternoon - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)</p>	<p>21st</p> <p>Morning - Hairdresser (Jackie) & Tuck Shop (Red Floor) 10.30 Ivora (pianist) Lower Lounge (Lisa to oversee) 1.45pm - Minibus Outing (Val attending)</p> <p>3pm - Manicure with Staff (Blue Lounge) 2.45pm- Social interaction Group in the Blue Lounge with Lisa</p>
<p>25th Val A/L</p> <p>Morning- Newspaper Discussions with staff</p>  <p>Afternoon-Person Centred Care with Staff 3pm Media Group with Staff (Lower Lounge)</p>	<p>26th Val A/L</p> <p>Morning - Hairdresser (Lindy) 11am - Gentle Exercises with Staff (Blue Lounge)</p>  <p>2-4pm-Geoff's Art Club Activity Room 3pm - Manicure with Staff Red & Green Floors</p>  <p>3.15-4.15pm Keith Music for Health in the Blue Lounge (Lisa/Staff to oversee) Afternoon - Pet Therapy with Tilly and Teddy</p>	<p>27th</p> <p>AM Daily Sparkles Newspapers 10.15am - Morning Walk with Lisa (weather permitting) 11.15am Quiz with Lisa (Blue Lounge) 1.45-3.15pm-Arts & Crafts 1.45pm- Motivation Group with Liz and care staff in the Blue Lounge Afternoon- Person Centred care with Liz 2.30-4.30pm Mosaics with Emma in the Activity Room Afternoon - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)</p>	<p>28th Val A/L</p> <p>Morning - Hairdresser (Jackie) & Tuck Shop (Red Floor) 10.30 Ivora (pianist) Lower Lounge (Lisa to oversee)</p> <p>3pm - Manicure with Staff (Blue Lounge) 1.45pm - Minibus Outing 2.45pm- Social interaction Group in the Blue Lounge with Lisa</p>

FEBRUARY 2019

FRIDAY	SATURDAY	SUNDAY
<p>1st</p> <p>10.30am-Robert playing the Piano in the SUITE</p> <p>9.45am - Ukellele Lesson with Liz</p> <p>10.45am - Poetry (Conservatory) with Liz</p> <p>11am - Gentle Exercises to DVD 2 with Staff (Lounge)</p> <p>1.30pm - Complimentary Therapy with Val (in rooms)</p> <p>3pm - Bingo (Back dining room) & Fruity Friday Platter (All Group Areas)</p> <p>5.45pm - Film Evening (Lower Lounge) </p>	<p>2nd Liz's Weekend</p> <p>Morning - Sherry served in the Lounges 10.30am - Chair Zumba with Sharon (Blue Lounge) Liz to over see residents involvement</p> <p>3.30pm - Tea, Chatter & Board Games with Staff (Green & Red Tea Corners)</p> <p>2.30pm- Sharon and Richard Singing in the Blue Lounge Liz will oversee</p>	<p>3rd</p> <p>Morning -Word Games with Staff (Blue Lounge)</p> <p>2pm - 4pm Social Get Together, Tea & Biscuits (Conservatory)</p> <p>Afternoon - Board Games with staff (Activity Room)</p> <p>2.45pm - Art and Crafts (Valentine Hearts)with Liz in the Activity Room</p> <p>5.45pm - Church Service in the Lower Lounge (Info in lift)</p> 
<p>8th</p> <p>10.30am-Robert playing the Piano in the SUITE</p> <p>9.45 - Ukellele Lesson with Liz</p> <p>10am Holy Communion (FRONT DINING ROOM)</p> <p>10.45am - Knit & Natter/Crochet (Activity room)with Liz</p> <p>11am - Gentle Exercises to DVD 2</p> <p>1.30pm - Complimentary Therapy with Val (in rooms)</p> <p>3pm - Bingo (Back dining room) & Fruity Friday Platter (All Group Areas)</p> <p>5.45pm - Film Evening (Lower Lounge) </p>	<p>9th Merry's Weekend</p> <p>Morning - Sherry served in the Lounges</p>  <p>1.30pm - Person Centerd Care with Merry 2.30pm Sewing Club Blue Lounge Corner with Merry</p> 	<p>10th</p> <p>Morning - Quiz & Word Games with Staff (Blue Lounge)</p>  <p>1.30pm - Sewing Group with Merry (Blue Lounge Corner)</p> <p>5.45pm - Church Service in the Lower Lounge (Info in lift)</p> 
<p>15th</p> <p>10.30am Robert plaing in the Suite</p> <p>9.45 - Ukelele Lesson with Liz</p> <p>11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p> <p>10.45am - One to One walk/drive weather permitting with Liz</p> <p>1.30pm - Complimentary Therapy with Val (in rooms) 2pm -Quiz of the Month with Val (Back Dining Room) 3pm - Bingo Fruity Friday Platter (In all Group Areas) </p> <p>5.45pm - Film Evening (Lower Lounge) </p>	<p>16th Liz's Weekend</p> <p>Morning - Sherry served in the Lounges</p> <p>10.30am - Chair Zumba with Sharon (Blue Lounge) Liz to over see residents involvement</p> <p>2pm - One to One Walk with Liz (weather permitting)</p> <p>3pm - Social Group with Staff in the Conservatory</p> 	<p>17th</p> <p>Morning - Quiz & Word Games with Staff (Blue Lounge)</p>  <p>2.45pm - Arts and Crafts with Liz</p> <p>5.30pm - Church Service in the Lower Lounge (Info in Lift)</p> 

22nd Liz A/L	23rd Merrys Weekend	24th
<p>10am Holy Communion (FRONT DINING ROOM) 10.30am- Robert playing the Piano in the SUITE</p> <p>11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p> <p>1.30pm- Complimentary Therapy with Val (in rooms)</p> <p>3pm - Bingo (Back Dining Room)</p> <p>3pm - Fruity Friday Platter (In all Group Areas)</p> <p>5.45pm - Film Evening (Lower Lounge)</p>	<p>Morning - Sherry served in the Lounges</p> <div data-bbox="671 600 863 743" data-label="Image"> </div> <p>1.30pm - Person Centerd Care with Merry in Rooms 2.30-3.45pm Sewing Club Blue Lounge Corner with Merry</p> <p>Afternoon- Walk with staff (weather permitting)</p> <div data-bbox="708 1016 836 1137" data-label="Image"> </div>	<p>Morning - Word Games/Quiz with staff (Blue Lounge)</p> <div data-bbox="1011 613 1394 703" data-label="Image"> </div> <p>1.30-2.45pm - Social Group with Merry (Conservatory)</p> <p>5.30pm - Church Service in the Lower Lounge (Info in Lift)</p> <div data-bbox="1082 943 1283 1077" data-label="Image"> </div>

