

**MAIN HOUSE ACTIVITY ROTA**

**MAY 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<p>1st</p> <p>AM - Daily Sparkles Newspapers <b>10am-Monthly Coffee Morning</b></p>  <p>Afternoon- Person Centred Care with Care staff in rooms <b>1.45pm</b> Knit &amp; Natter with Liz - Activity Room Afternoon - Hairdresser (Lindy) Afternoon - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)</p>	<p>2nd</p> <p>Morning Hairdresser (Jackie) Tuck Shop (Red Floor) <b>10.30 Ivora (pianist) Lower Lounge - Lisa to oversee</b> <b>2.45pm</b> - Social Interaction - Lisa (Blue) <b>3pm</b> - Hand &amp; Nail Massage Manicure with staff Blue Lounge <b>1.45pm - Minibus Outing (Val attending)</b></p> 	<p>3rd</p> <p><b>10.30am-Robert playing the Piano in the SUITE</b> <b>9.45am</b> - Ukellele Lesson with Liz <b>11am</b> - Walk with Liz <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Lounge) <b>1.30pm</b> - Complementary Therapy with Val (in rooms) <b>3pm</b> - Bingo (Back dining room) &amp; Fruity Friday Platter (All Group Areas) <b>5.45pm</b> - Film Evening (Lower Lounge)</p> 	<p>4th Merry's Weekend</p> <p>Morning - Sherry served in the Lounges <b>3.30pm</b> - Tea, Chatter &amp; Board Games with Staff (Green &amp; Red Tea Corners) <b>1.30pm</b> - Person Centerd Care with Merry in Rooms <b>2.30-3.45pm</b> Sewing Club Blue Lounge Corner with Merry Afternoon- Walk with staff (weather permitting)</p> 	<p>5th</p> <p>Morning - Quiz &amp; Word Games with Staff (Blue Lounge)</p> <p><b>QUIZ TIME!</b></p> <p><b>1.30pm</b> - Sewing Group with Merry (Blue Lounge Corner) <b>5.45pm</b> - Church Service in the Lower Lounge (Info in lift)</p> 
		<p>6th</p> <p>Morning - Reminiscence Newspaper discussions with staff (Blue Lounge) Morning - Jack In The Green Front lawn to see the Procession (Staff to oversee) Afternoon - Person Centred Care with Staff (Rooms) <b>2.45pm</b>- Media Group with Val (Lower Lounge)</p> 	<p>7th</p> <p>Morning - Hairdresser (Lindy) <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge ) <b>1.30pm</b> - Theraputic Care with Lisa (in rooms) <b>2pm-Richard Pollard Guest Speaker talking Hatings and St Leonards in the Blue Lounge (Val oversee)</b> <b>3pm</b> - Manicure / Hand Massage with Staff (Green and Red Floors) Afternoon - Pet Therapy with Tilly and Teddy</p>	<p>8th</p> <p><b>10am</b>-Morning walk with Lisa (weather permitting) <b>11am - Louise playing the Accordion and sing along in the Blue Lounge</b> Afternoon- Person Centred Care with Care staff in rooms <b>1.45pm</b> Walk with Liz Afternoon- Person Centred Care with Care staff in rooms Afternoon - Hairdresser (Lindy) Afternoon - Pet Therapy with Tilly and Teddy and walk with staff <b>2.30-4.30pm</b> Mosaiaacs with Emma in the Activity Room</p>	<p>9th</p> <p>Morning Hairdresser (Jackie) Tuck Shop (Red Floor) <b>10.30 Ivora (pianist) Lower Lounge - Lisa to oversee</b> <b>2.45pm</b> - Social Interaction with Lisa (Blue Lounge) <b>2.45pm</b> - Complementary Therapy with Val (in rooms) <b>3pm</b> - Hand &amp; Nail Massage Manicure with staff Blue Lounge <b>1.45pm - Minibus Outing</b></p> 	<p>10th</p> <p><b>10.30am-Robert playing the Piano in the SUITE</b> <b>9.45</b> - Ukellele Lesson with Liz <b>10am Holy Communion (FRONT DINING ROOM)</b> <b>11am</b> - Walks with Liz <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Lounge) <b>2pm -Quiz of the Month with Val (Back Dining Room)</b> <b>3pm</b> - Bingo (Back dining room) &amp; Fruity Friday Platter (All Group Areas) <b>5.45pm</b> - Film Evening (Lower Lounge)</p> 
<p>13th</p> <p>Morning - Reminiscence Newspaper discussions with staff (Blue Lounge) <b>10.45am</b> Quiz with Val (Green Floor Tea Corner)</p>  <p>Afternoon - Person Centred Care with Staff (Rooms) <b>2.45pm</b>- Media Group with Val (Lower Lounge)</p>	<p>14th</p> <p>Morning - Hairdresser(Lindy) <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge ) <b>1.30pm</b> - Theraputic Care with Lisa (in rooms) <b>3pm</b> Manicure / Hand Massage with Staff (Green and Red Floor) Afternoon - Pet Therapy with Tilly and Teddy <b>3.15pm Bernard Singing Storyteller in the Blue Lounge (Val oversee)</b></p>	<p>15th Lisa A/L</p> <p>AM - Daily Sparkles Newspapers <b>11.15am</b> Quiz with Staff (Blue Lounge) <b>1.45pm</b> - Arts &amp; Crafts with Liz in Activity Room Afternoon- Person Centred Care with Care staff in rooms Afternoon - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)</p> 	<p>16th</p> <p>Morning - Hairdresser (Jackie) Tuck Shop (Red Floor) <b>10.30am - Ivora (pianist) Lower Lounge (Staff to oversee)</b> <b>2.45pm</b> - Social Interaction with Lisa (Blue Lounge) <b>3pm</b> - Manicure with Staff (Blue Lounge) <b>1.45pm - Minibus Outing (Val Attending)</b></p> 	<p>17th</p> <p><b>9.45am</b> Ukulele &amp; drum with Liz in Conservatory <b>10.30am Robert plaing in the Suite</b> <b>11am</b> - One to One walk/drive weather permitting with Liz <b>1.30pm</b> - Complementary Therapy with Val (in rooms) <b>3pm - Bingo Fruity Friday Platter</b> (In all Group Areas) <b>5.45pm</b> - Film Evening (Lower Lounge)</p>	<p>18th Merry Annual Leave</p> <p>Morning - Sherry served in the Lounges</p>  <p><b>1.30pm</b> - Person Centerd Care with Merry <b>2.30pm</b> Sewing Club Blue Lounge Corner with Merry</p> 	<p>19th Merry Annual Leave</p> <p>Morning - Quiz &amp; Word Games with Staff (Blue Lounge)</p>  <p><b>1.30pm</b> - Sewing Group with Merry (Blue Lounge Corner) <b>5.30pm</b> - Church Service in the Lower Lounge (Info in Lift)</p> 

20th	21st	22nd	23rd	24th	25th Liz's Weekend	26th
<p><b>10.45am</b> - Quiz with Val (Green Floor Tea Corner)  <b>Morning</b> - Reminiscence Newspaper discussions with staff (Blue Lounge)</p>  <p><b>2pm</b> - Monthly Residents meeting lower lounge with Jason  <b>3pm</b> - Media Group with Val (Lower Lounge)</p> 	<p><b>Morning</b> - Hairdresser (Lindy)  <b>11am</b> - Gentle Exercises with Staff (Blue Lounge)  <b>1.30pm</b> - Therapeutic Care with Lisa (in rooms)  <b>3pm</b> - Manicure with Staff Red &amp; Green Floors  <b>Afternoon</b> - Pet Therapy with Tilly and Teddy  <b>1.30pm</b> - Outing to the Azur to see the film Singing in the Rain (Staff to oversee)  <b>3.15pm</b> Keith Music for Health in the Blue Lounge (Val to oversee)</p> 	<p><b>AM</b> Daily Sparkles Newspapers  10am - Morning walks with Lisa (Weather permitting)  <b>11.15am</b> Quiz with Lisa (Blue Lounge)  <b>1.45pm</b> - Knit and Natter plus PCC with Liz  <b>Afternoon</b> - Person Centred care with Staff  <b>Afternoon</b> - Hairdresser (Lindy)  <b>Afternoon</b> - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)  <b>2.30-4.30pm</b> Mosaiacs with Emma in the Activity Room</p>	<p><b>Morning</b> - Hairdresser (Jackie) &amp; Tuck Shop (Red Floor)  <b>10.30 Ivora (pianist) Lower Lounge</b> (Staff to oversee)  <b>1.45pm</b> - Minibus Outing</p>  <p><b>2.45pm</b> - Complementary Therapy with Val (in rooms)  <b>3pm</b> - Manicure with Staff (Blue Lounge)</p>	<p><b>10am Holy Communion (FRONT DINING ROOM)</b>  <b>9.45</b> - Ukellele Lesson with Liz  <b>11am</b> - Walk with Liz (weather permitting)  <b>10.30am</b> - Robert playing the Piano in the SUITE  <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge)  <b>1.30pm</b> - Complementary Therapy with Val (in rooms)  <b>3pm</b> - Bingo (Back Dining Room)  <b>3pm</b> - Fruity Friday Platter (In all Group Areas)  <b>5.45pm</b> - Film Evening (Lower Lounge)</p> 	<p><b>Morning</b> - Sherry served in the Lounges  <b>10.30am</b> - Chair Zumba with Sharon (Blue Lounge)</p>  <p><b>1.45pm</b> - One to One Walk with Liz (weather permitting)  <b>3pm</b> - Social Group with Staff in the Conservatory</p> 	<p><b>Morning</b> - Word Games/Quiz with staff (Blue Lounge)</p>  <p><b>2.45pm</b> - Arts and Crafts with Liz (Activity Room)  <b>5.30pm</b> - Church Service in the Lower Lounge (Info in Lift)</p> 
27th	28th	29th	30th	31st Liz A/L		
<p><b>Morning</b> - Newspaper Discussions with staff  <b>10.45am</b> Quiz with Val (Green Floor Tea Corner)</p>  <p><b>Afternoon</b> - Person Centred Care with Staff  <b>3pm</b> Media Group with Val (Lower Lounge)</p> 	<p><b>Morning</b> - Hairdresser (Lindy)  <b>11am</b> - Gentle Exercises with Staff (Blue Lounge)</p>  <p><b>1.30pm</b> - Therapeutic Care with Lisa (in rooms)  <b>3pm</b> - Manicure with Staff Red &amp; Green Floors  <b>Afternoon</b> - Pet Therapy with Tilly and Teddy  <b>2.45pm</b> - Poetry with Val in the Lower Lounge</p> 	<p><b>AM</b> - Daily Sparkles Newspapers  10am - Morning walks with Lisa (Weather permitting)  <b>11.15am</b> Quiz with Lisa (Blue Lounge)  <b>1.45pm</b> Arts &amp; Crafts with Liz in Activity room  <b>Afternoon</b> - Hairdresser (Lindy)  <b>Afternoon</b> - Pet Therapy with Tilly and Teddy and walk with staff (weather permitting)  <b>3.30pm</b> - Cheese &amp; Wine in all group areas</p>	<p><b>Morning</b> - Hairdresser (Jackie) &amp; Tuck Shop (Red Floor)  <b>10.30 Ivora (pianist) Lower Lounge</b> (Staff to oversee)  <b>1.45pm</b> - Minibus Outing (Val Attending)  <b>2.45pm</b> - Social Interaction with Lisa (Blue Lounge)  <b>3pm</b> - Manicure with Staff (Blue Lounge)</p> 	<p><b>10am Holy Communion (FRONT DINING ROOM)</b>  <b>10.30am</b> - Robert playing the Piano in the SUITE  <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge)  <b>11am</b> - Gentle Exercises to DVD 2 with Staff (Blue Lounge)  <b>1.30pm</b> - Complementary Therapy with Val (in rooms)  <b>3pm</b> - Bingo (Back Dining Room)  <b>3pm</b> - Fruity Friday Platter (In all Group Areas)  <b>5.45pm</b> - Film Evening (Lower Lounge)</p>		