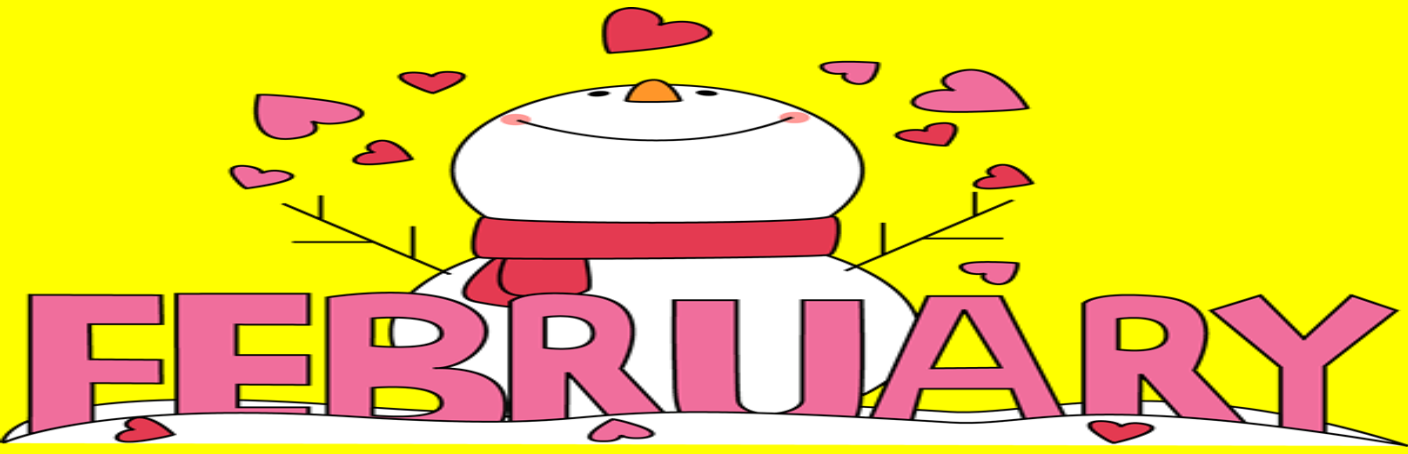



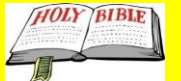





















MAIN HOUSE ACTIVITY ROTA

February 2020

MONDAY (Week 3)	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<p>1st Liz's Weekend</p> <p>Morning - Sherry served in the Lounges 11am- Movement and Songs with Liz in the Blue Lounge</p>  <p>Afternoon- Walk with staff (weather permitting)</p> 	<p>2nd Liz's Weekend</p> <p>Morning - Quiz & Word Games with Staff (Blue Lounge)</p>  <p>2.45pm- Arts & Craft with Liz in the Blue Activity Room 5.45pm - Church Service in the Lower Lounge (Info in lift)</p> 
<p>3rd (Week 4)</p> <p>Paulines Mini Bus outings, for small groups that will be decided on the day by Staff</p> <p>Morning - Reminiscence Newspaper discussions with staff (Blue Lounge) 10.45am -Quiz with Val (Green Floor Tea Corner)</p> <p>Afternoon - Person Centred Care with Staff (Rooms) 2.30pm- Media Group with Val (Green Tea Corner)</p> 	<p>4th</p> <p>Morning - Hairdresser (Lindy)</p> <p>11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p>  <p>3pm - Manicure / Hand Massage with Staff (Green and Red Floors) 3pm -3.30pm Armchair Yoga in the Blue Lounge Val to oversee</p> 	<p>5th</p> <p>10am - Coffee Morning</p>  <p>2.30-3.30pm - Big Games with Liz in the Conservatory Afternoon- Person Centred Care with Care staff in rooms Afternoon - Pet Therapy with Teddy please collect</p>	<p>6th</p> <p>Morning Hairdresser (Jackie) Tuck Shop (Red Floor) 10.30 Ivora (pianist) Lower Lounge - Val to oversee</p>  <p>3pm - Hand & Nail Massage Manicure with staff Blue Lounge 1.45pm - Minibus Outing</p> 	<p>7th Liz on Annual Leave</p> <p>10.30am-Robert playing the Piano in the SUITE 10am Holy Communion (FRONT DINING ROOM) 11am - Gentle Exercises to DVD 2 with Staff (Lounge)</p> <p>1.30-2.45pm Complementary Therapy with Val (in rooms) Fruity Friday Platter (All Group Areas) 5.45pm - Film Evening (Lower Lounge)</p>	<p>8th</p> <p>Morning - Sherry served in the Lounges, look at daily newspapers 10.30am - Chair Zumba with Sharon (Blue Lounge)</p>  <p>3.30pm - Tea, Chatter & Board Games with Staff (Green & Red Tea Corners)</p> 	<p>9th</p> <p>Morning -Word Games with Staff (Blue Lounge)</p>  <p>2.45pm - Bingo with two Care staff in the back Dining Room 5.45pm - Church Service in the Lower Lounge (Info in lift)</p> 
<p>10th (Week 1)</p> <p>Paulines Mini Bus outings, for small groups that will be decided on the day by Staff</p> <p>Morning - Reminiscence Newspaper discussions with staff (Blue Lounge) 10.45am Quiz with Val (Green Floor Tea Corner)</p> <p>Afternoon - Person Centred Care with Staff (Rooms) 2pm- Monthly Residents meeting lower lounge with Jason 3.15pm- Media Group with Val (Lower Lounge)</p>	<p>11th</p> <p>Morning - Hairdresser(Lindy)</p> <p>11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p>  <p>3pm Manicure / Hand Massage with Staff (Green and Red Floor) 3.15pm Keith Music for Health in the Blue Lounge (Val to oversee)</p> 	<p>12th</p> <p>AM - Daily Sparkles Newspapers 11am - Louise playing the Accordion and sing along in the Blue Lounge</p>  <p>2pm Arts & Crafts with Liz in the Activity Room Afternoon- Person Centred Care with Care staff in rooms</p> 	<p>13th</p> <p>Morning - Hairdresser (Jackie) Tuck Shop (Red Floor) 10.30am - Ivora (pianist) Lower Lounge, Val to oversee</p>  <p>2.45pm - Complementary Therapy with Val (in rooms) 3pm - Manicure with Staff (Blue Lounge) 1.45pm - Minibus Outing - Val Attending</p> 	<p>14th</p> <p>10.30am Robert playing in the Suite 10-11am-Creative Reading Group with Liz in the Conservatory 11.15am - Walk with Liz (weather permitting) 11am - Gentle Exercises to DVD 2 with Staff (Lounge)</p> <p>1.30 Complementary Therapy with Val (in rooms) 3pm - Bingo with Liz and a member and Care Staff and Fruity Friday Platter (In all Group Areas) 5.45pm - Film Evening (Lower Lounge)</p>	<p>15th Liz's Weekend</p> <p>Morning - Sherry served in the Lounges</p>  <p>11am - Singalong and movement with Liz in the Blue Lounge</p> 	<p>16th Liz's Weekend</p> <p>Morning - Word Games with Staff (Blue Lounge)</p>  <p>3pm- Pub Quiz Activity with Liz in the Lower Lounge 5.30pm - Church Service in the Lower Lounge (Info in Lift)</p> 

<p>17th (Week 2) Paulines Mini Bus outings, for small groups that will be decided on the day by Staff 10.45am - Quiz with Val (Green Floor Tea Corner) Morning - Reminiscence Newspaper discussions with staff (Blue Lounge) 2.30pm - Media Group with Val (Green Tea Corner)</p> 	<p>18th Morning - Hairdresser (Lindy) 11am - Gentle Exercises with Staff (Blue Lounge) 2pm - Gemini Fashion Blue lounge/dining area - Val to oversee</p> <p>3pm - Manicure with Staff Red & Green Floors Afternoon - Pet Therapy with Teddy please collect</p> 	<p>19th Liz on Annual Leave AM - Daily Sparkles Newspapers</p>  <p>Afternoon- Person Centred Care with Care staff 3pm - Cheese and Wine in Group Areas Afternoon - Pet Therapy with Teddy please collect 3.30pm - Mosaics with Emma Blue dining room</p>	<p>20th Morning - Hairdresser (Jackie) Tuck Shop (Red Floor) 10.30am - Ivora (pianist) Lower Lounge, Val to oversee</p>  <p>3pm - Manicure with Staff (Blue Lounge) 1.45pm - Minibus Outing</p> 	<p>21st Liz on Annual Leave 10am Holy Communion (FRONT DINING ROOM) 10.30am-Robert playing the Piano in the SUITE 11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p>  <p>2.30pm - Quiz with Val (Blue Lounge) 3pm-One to One social Interaction with Care Staff in Rooms Fruity Friday Platter (In all Group Areas) 5.45pm - Film Evening (Lower Lounge)</p>	<p>22nd Morning - Sherry served in the Lounges look at local Newspapers 10.30am - Chair Zumba with Sharon (Blue Lounge)</p>  <p>3pm - Social Group with Staff in the Conservatory</p> 	<p>23rd Morning - Word Games/Quiz with staff (Blue Lounge)</p>  <p>2.45pm - Bingo with 2 Care staff in the back Dining Room 5.30pm - Church Service in the Lower Lounge (Info in Lift)</p> 
<p>24th (Week 3) Val A/L Paulines Mini Bus outings, for small groups that will be decided on the day by Staff Morning- Newspaper Discussions with staff</p> <p>Afternoon-Person Centred Care with Staff</p> 	<p>25th Val A/L Morning - Hairdresser (Lindy) 11am - Gentle Exercises with Staff (Blue Lounge)</p>  <p>2.30pm All Sorts Singers Blue Lounge (Abbi to oversee) 3pm - Manicure with Staff Red & Green Floors</p>	<p>26th AM - Daily Sparkles Newspapers</p>  <p>2pm Arts & Crafts with Liz in the Activity Room Afternoon- Person Centred Care with Care staff in rooms Afternoon - Pet Therapy with Teddy please collect</p>	<p>27th Val A/L Morning - Hairdresser (Jackie) Tuck Shop (Red Floor) 10.30am - Ivora (pianist) Lower Lounge, Staff to oversee</p>  <p>3pm - Manicure with Staff (Blue Lounge) 1.45pm - Minibus Outing</p> 	<p>28th Val A/L 10-11am-Creative Reading Group with Liz in the Conservatory 11.15am - Walk with Liz (weather permitting) 10.30am-Robert playing the Piano in the SUITE 11am - Gentle Exercises to DVD 2 with Staff (Blue Lounge)</p> <p>Fruity Friday Platter (In all Group Areas) 3pm - Bingo with Liz and a member and Care Staff 5.45pm - Film Evening (Lower Lounge)</p>	<p>29th Liz's Weekend Morning - Sherry served in the Lounges</p>  <p>11am - Singalong and more with Liz in the Blue Lounge</p> 	